



Winter ANIMALYMPICS

The greatest winter animal athletes are gathering to show off their elite abilities. Let's train with them and learn the secrets of their skills.

River Otter Swim Squats

Otters can swim in icy water at nearly 7 mph by moving their whole body rapidly up and down.

How many times can you squat in one minute?



Barn Owl Balance

In the cold of winter, the barn owl balances on one leg, with the other leg tucked to their body to prevent frostbite.

How long can you balance on one leg?



Snowshoe Hare Long Jump

Large fuzzy feet allow the hare to be agile in deep snow, leaping up to 10 feet in a single jump.

How far can you jump?



Kids in Parks provides a network of kid-friendly hiking adventures for families to enjoy!

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