

Where to Look

Although birds can be found anywhere in the forest, certain species can most easily be seen in different layers within the forest.

It helps to have binoculars to see birds in the canopy like the Scarlet Tanager, White-eyed Vireo and American Goldfinch.

Canopy



Understory



In the understory layer you might see Downy Woodpecker, White-breasted Nuthatch, Eastern Phoebe, Cardinal, Blue Jay, Carolina Chickadee, Eastern Bluebird, or even a Screech Owl.

Scrub

Birds like the American Robin, Carolina Wren, Eastern Towhee, and Mockingbird prefer the dense thicket of the scrub layer.



Forest Floor

The forest floor is the best place to spot Brown Thrasher, Wood Thrush, Ovenbird, Mourning Dove and Wild Turkey.

Close your eyes for 1 minute...
How many different birds can you hear?



TRACK and **KIP**
want You to become a
Trail **TRACKer**

Thank you for joining us on the trail today.
We want you to join the Trail **TRACKer** Team. It's fun, healthy and free.
Best of all, by keeping **TRACK** of your trails on our website, you can earn prizes. For more information about the Trail **TRACKer** Team, other **TRACK** Trail adventures near you, or for general information about the Kids in Parks program, please visit our website at:

www.kidsinparks.com

The **TRACK** Trail program is part of the larger **Kids in Parks** initiative sponsored by the Blue Ridge Parkway Foundation, the Blue Ridge Parkway and the Blue Cross Blue Shield of North Carolina Foundation. Working together with the Town of Wytheville's Parks and Recreation Department and the Wythe-Bland Community Foundation, our mission is to increase physical activity of children and their families, improve their nutritional choices, and get kids outdoors.

Kids in Parks...

for the Health of our Kids, our Communities and our Mountains.



Town of Wytheville's Crystal Springs Recreation Area **TRACK** Trail Partners

Town of Wytheville
Parks & Recreation Department

Wythe-Bland
Community Foundation
Providing pathways for a sustainable tomorrow

Overall Kids in Parks Program Partners



BlueCross BlueShield
of North Carolina

Foundation

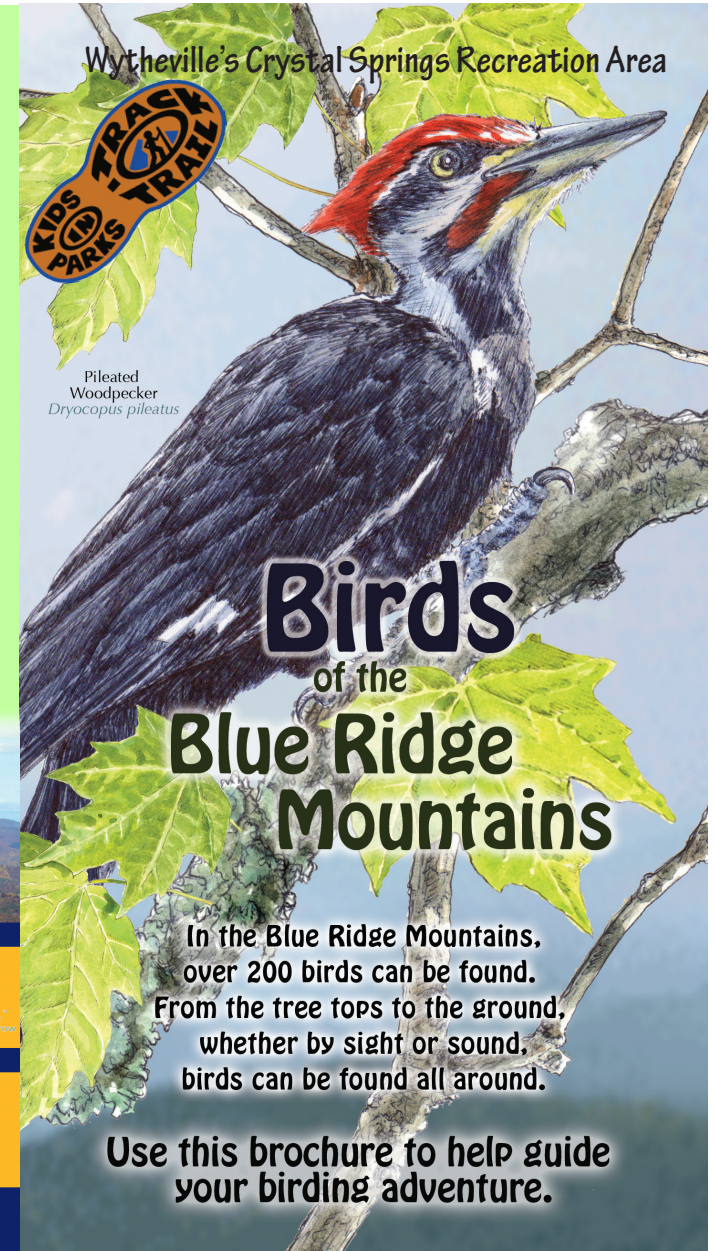
An independent licensee of the Blue Cross and Blue Shield Association



Wytheville's Crystal Springs Recreation Area



Pileated
Woodpecker
Dryocopus pileatus



Birds of the Blue Ridge Mountains

In the Blue Ridge Mountains,
over 200 birds can be found.
From the tree tops to the ground,
whether by sight or sound,
birds can be found all around.

**Use this brochure to help guide
your birding adventure.**

Birds of the Blue Ridge Mountains



Ruby-throated Hummingbird
Archilochus colubris
tchew, given softly



Eastern Bluebird
Sialia sialis
Chur chur-lee chur-lee

Scarlet Tanager
Piranga olivacea
Queent queer query querit queer
(raspy)



American Robin
Turdus migratorius
cheerily cheer-up cheerio



Downy Woodpecker
Picoides pubescens
Pik, pik, pik



Eastern Towhee
Pipilo erythrophthalmus
Drink your tea-eeeeee
(last note trilled)



American Goldfinch
Carduelis tristis
Perchick-a-ree (Flight Call)

Carolina Wren
Thryothorus ludovicianus
Choo-ble-dee
(varied triplet phrases)



White-breasted Nuthatch
Sitta carolinensis
Anh-anh-anh (nasally)



Mockingbird
Mimus polyglottos
Original and
mimicked phrases
repeated tirelessly



Mourning Dove
Zenaidura macroura
Woo-oo, woo-woo-woo

Eastern Phoebe
Sayornis phoebe
Fee-bee (repeated)



Blue Jay
Cyanocitta cristata
Varied raucous calls



Ovenbird
Seiurus aurocapillus
Tcher, tcher, tcher

Designed and Illustrated by
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