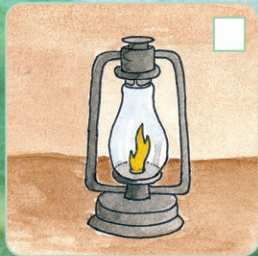


Match each key element of a 1850's farm with elements of modern life. Then, check each item you find on the farm or at home.

1850's Hutchinson Homestead



Modern Life



TRACK your hike at
kidsinparks.com
and get **FREE** prizes!



Thanks for joining us on the trail today! Visit our website to find more TRACK Trail™ adventures near you!

The next generation of stewards will help preserve the world's plants, animals, natural lands and our heritage. What will you do to make a difference?



Kids in Parks...

Providing a network of fun-filled adventures that get kids and families active outdoors and connected to nature.



TRACK Trail Partners



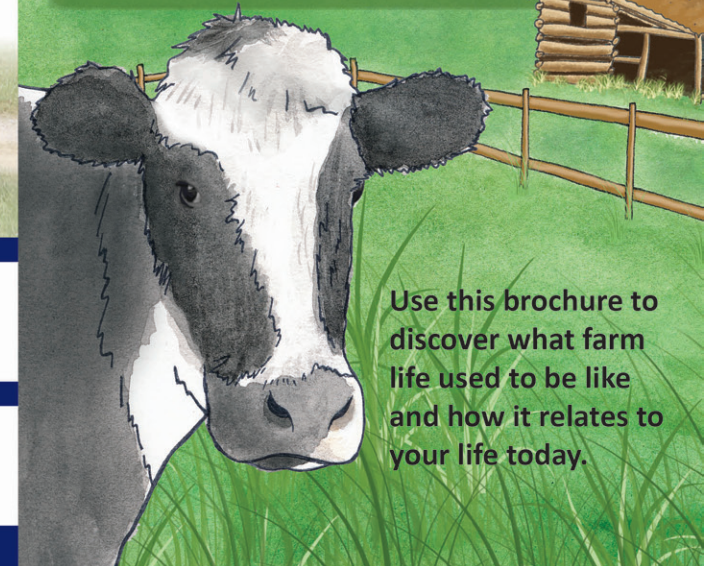
Kids in Parks Founding Partners



Living in Appalachia Lessons for Tomorrow



Life looked different in the 1850's than it does now, but people still had the same basic needs: food, water and shelter. Farm life in the 1850's holds valuable lessons for us today.



Use this brochure to discover what farm life used to be like and how it relates to your life today.

Wrinkle in Time

- Directions**
- 1 Match each element of an 1850's farm with those of a modern home.
 - 2 Check each item or place you find on the farm and at your home.
 - 3 Answer the questions to learn about life in the 1850's and today.

1850's Hutchinson Homestead

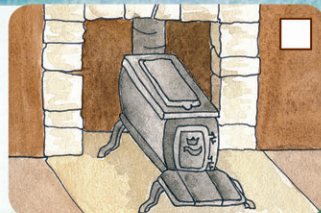
The spring box kept foods cool in the summer and from freezing in the winter. The spring box's temperature is "set" by the ground temperature which is around 52° F year-round. What foods might the Hutchinsons have stored there?



The Hutchinsons grew or gathered most of their food here on the farm. Various vegetables were grown to eat fresh or stored for winter, and excess was often sold in the local market. Chickens provided eggs, milk cows gave fresh milk and butter, while hogs were killed for meat. What do you think the benefits are of growing your own food?



With no electricity on the farm, the Hutchinsons used wood for cooking and heating. Wood stoves are safer and more efficient than open fires for cooking and heating. Firewood was gathered, cut and transported to the farm to use throughout the year. What time of year was the stove most important?



While mountain families typically walked almost everywhere they needed to go, horse-drawn wagons allowed the Hutchinsons to move heavier items to and from town. What features can you find on the wagon that provided for a safe and comfortable ride?



Modern Life

Today, food in our grocery stores travels an average of 1,500 miles from where it was grown or raised to you. Find your favorite food item at home and read its label. Where is it from?

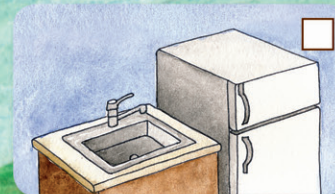
Are there ways you can eat food that is local?



Today there are many ways to travel— plane, train and bike to name a few. Many forms of transportation use a combustion engine while others use electricity. Some boats even use wind to move! What is your favorite way to travel?



The Hutchinsons got water for drinking, cooking, cleaning, cooling and livestock from a spring 50 yards from the spring box. What lake, river, reservoir, well or spring does your water come from?



Modern heating and cooling systems are convenient and easy to control. How is your home heated? Is it run by gas, electric, solar, from the ground or something else?

