

Other Things Hiding for You to Seek

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NPS Arrowhead – Did you know that you are in a national park?


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Flower – Stand in one spot and count how many different flowers you can see. Now move down the trail and see if you can find more. What colors of flowers can you find? (Please do not pick the flowers; leave them for others to enjoy.)

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Woodpecker Hole – Woodpeckers leave scattered holes in trees as they dig for insects, feed on the sap that flows out, and create nesting cavities.


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Insect – More than half of all known organisms on Earth are insects. Did you know that there are over one million different types of insects?

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Nest – Can you find a tree with a nest in it? Do you think the nest was built by a bird or a squirrel?



TRACK your hike at
kidsinparks.com
and get **FREE** prizes!



Thanks for joining us on the trail today! Visit our website to find more TRACK Trail™ adventures near you!

The next generation of stewards will help preserve the world's plants, animals, natural lands and our heritage. What will you do to make a difference?



Kids in Parks...

Providing a network of fun-filled adventures that get kids and families active outdoors and connected to nature.

Kids in Parks Founding Partners



This project was financed in part by the National Park Service's CONNECT TRAILS TO PARKS program, commemorating the 50th anniversary of the National Trails System in 2018.



Theodore Roosevelt Island's Scavenger Hunt



Hey TRACK, let's go on a scavenger hunt.

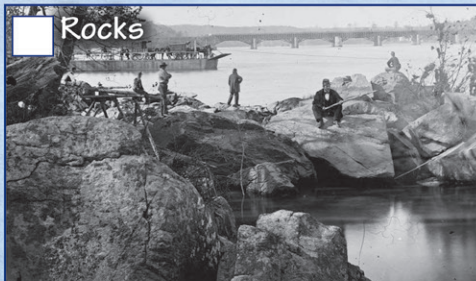
Sounds fun, KIP!
We can play on Theodore Roosevelt Island.



As Theodore Roosevelt once said,
"There is a delight in the hardy life of the open."
Explore Roosevelt Island and see what you can find hiding here!

Discover treasures on Theodore Roosevelt Island

History and nature can be found together here on Theodore Roosevelt Island. Follow along the trail and discover just a few of the stories this park has to tell.



Rocks

During the civil war, the island served many purposes including: an army camp, training ground for the 1st U.S. Colored Troop Regiment, and a Freedmen's Camp for people who escaped slavery. The men who appear on the rocks in this photo were members of the Union Army during the Civil War.

☐ Memorial

The island you're standing on is part of Theodore Roosevelt's living memorial. The 26th president loved nature and the 'hardy life'. The statue captures President Roosevelt in the middle of one of his many famous speeches. Find the "Nature" tablet and finish the quote below.

"There are no words that can tell _____
_____, that can
reveal its mystery, its melancholy, and its charm."



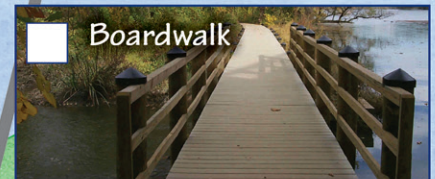
☐ Cypress Tree

Cypress trees are easy to recognize from the "knees" that form above the roots. Cypress trees usually grow in swamps with their knees just visible above the water line. Scientists aren't exactly sure of the purpose of the knees, but they are thought to help cypress trees absorb oxygen from the air, and anchor the trees in strong winds or floods.



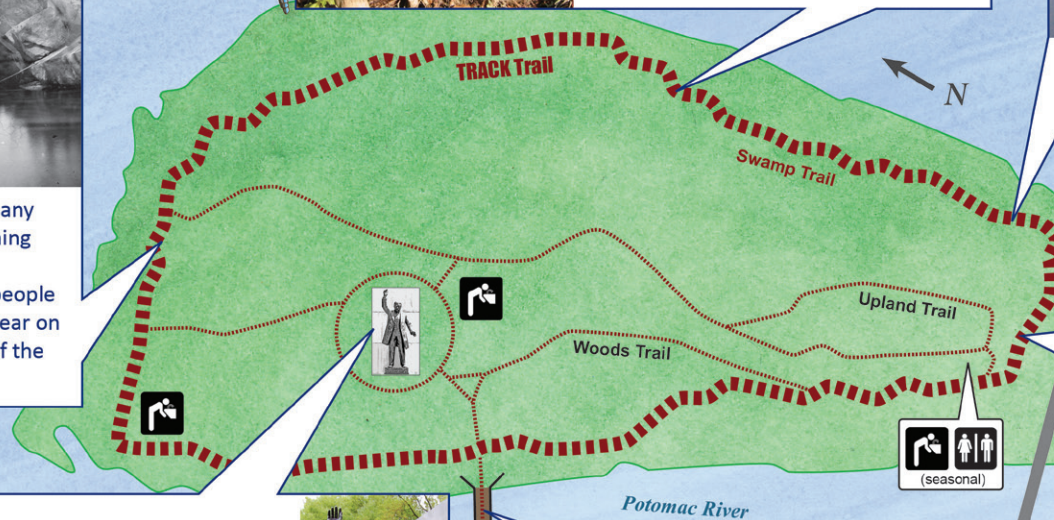
Marsh

This is a fresh water tidal marsh. Marshes (or swamps) are areas that are saturated with water. Plants like grasses, rushes and reeds can often be found in a marsh. Look for fish, frogs, birds, or maybe even a turtle! What can you find?



Boardwalk

The Potomac is a **tidal** river, which means that the water level rises and falls with the ocean's tide. There have been times when the boardwalk you're standing on has been completely underwater! The Potomac River is connected to the Chesapeake Bay. What ocean is the bay connected to?



☐ Footbridge

People have used many different kinds of transport to get to Theodore Roosevelt Island. For many years people took the "Wood Duck" boat from the Virginia side of the Potomac River to Theodore Roosevelt Island. If this bridge wasn't here, how would you get across?