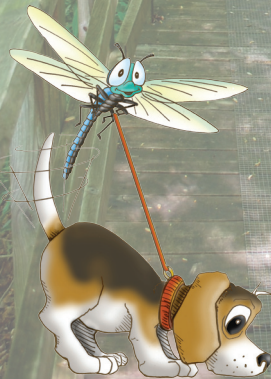


Other Things Hiding for You to Seek

- Tree with woodpecker holes
- Plant with berries
- Plant with thorns
- Butterfly
- Fern
- Acorn
- Tree with smooth bark
- Old fish hatchery foundation



Thanks for helping us find all that cool stuff.
We hope to see you next time on the trail.



TRACK and KIP
want You to become a
Trail **TRACKer**

Thank you for joining us on the trail today.
We want you to join the Trail **TRACKer** Team. It's fun, healthy and free.
Best of all, by keeping TRACK of your trails on our website, you can earn prizes. For more information about the Trail **TRACKer** Team, other TRACK Trail adventures near you, or for general information about the Kids in Parks program, please visit our website at:

www.kidsinparks.com

The TRACK Trail program is part of the larger **Kids in Parks** initiative sponsored by the Blue Ridge Parkway Foundation, the Blue Ridge Parkway and the Blue Cross and Blue Shield of North Carolina Foundation. Working together with Pisgah National Forest, the Appalachian Regional Commission, the National Park Foundation and other partners throughout the community, our mission is to increase physical activity of children and their families, improve nutritional choices and get kids outdoors.

*Kids in Parks...
for the Health of our Kids, our Communities and our Mountains.*



Pisgah National Forest TRACK Trail Sponsors



Pisgah National Forest



Founding Kids in Parks Sponsors



BlueCross BlueShield of North Carolina Foundation

An independent licensee of the Blue Cross and Blue Shield Association



BLUE RIDGE PARKWAY FOUNDATION



PISGAH NATIONAL FOREST'S

Nature's Hide & Seek

Sshhhhh!
I'm hiding from TRACK.

I can't find KIP.
He always hides so well.
Can you help me?

Oh, there he is.
You're a good helper.



Now, let's find some other things hiding in nature. Finding things in nature is fun. Just remember that all things in nature have a special place. Make sure you leave them here, so others can find them too.



Cumulus Cloud



Many things in nature go unseen. Their size, color and location often cause us not to notice them. On your walk today, see if you can help TRACK and KIP on their quest to find some cool things hiding in nature.



Bird



Tree with needle leaves



Flower



Pollinator



Rock with lichen



Mushroom



Caterpillar