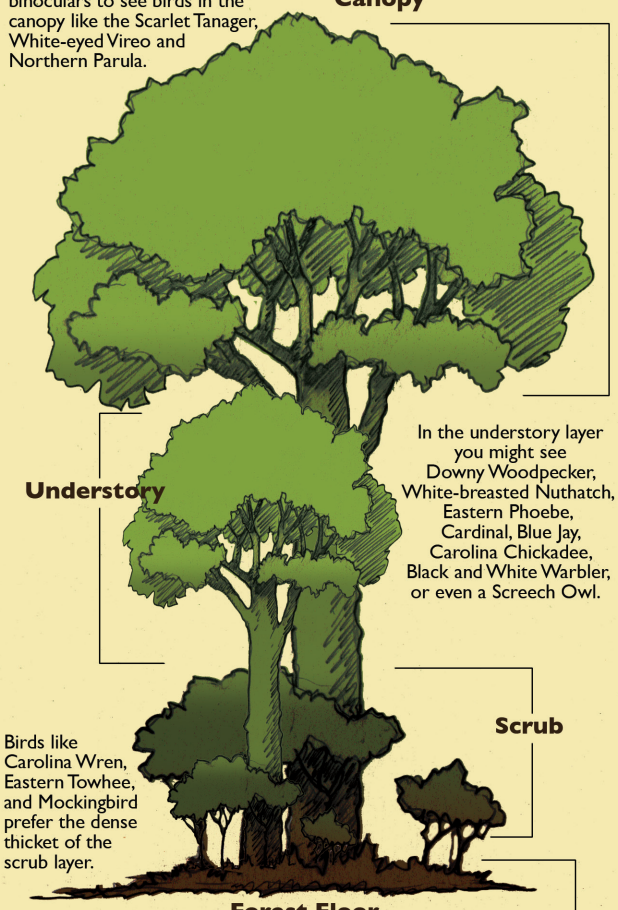
Where to Look

Although birds can be found anywhere in the forest, certain species can most easily be seen in different layers within the forest.

It helps to have binoculars to see birds in the canopy like the Scarlet Tanager, White-eyed Vireo and Northern Parula.



In the understory layer you might see Downy Woodpecker, White-breasted Nuthatch, Eastern Phoebe, Cardinal, Blue Jay, Carolina Chickadee, Black and White Warbler, or even a Screech Owl.

Birds like Carolina Wren, Eastern Towhee, and Mockingbird prefer the dense thicket of the scrub layer.

The forest floor is the best place to spot Brown Thrasher, Wood Thrush, Ovenbird, Mourning Dove and Wild Turkey.

Close your eyes for 1 minute...
How many different birds can you hear?

Register Your Hike... Win a Prize!

Thank you for joining us on the trail today. We want you to join the Trail **TRACK**er Team. It's fun, healthy and free. Best of all, you can earn prizes by walking TRACK Trails and TRACKing them on our website. For more information about the Trail TRACKer Team, other TRACK Trail adventures near you, or for general information about the **Kids in Parks** program, please visit our website at:

www.kidsinparks.com

Your Opinion Matters!

We would like to hear about your adventure on the trail today. Your feedback will help us improve the TRACK Trail program and will help us build more and better TRACK Trail Adventures in the future. Please visit our website (www.kidsinparks.com) and give us your opinion about the quality of your experience.

Kids in Parks...
for the Health of our Kids, our Communities and our Parks.

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BLUE RIDGE PARKWAY FOUNDATION

Mount Airy's Ararat River Greenway

Birds of the Blue Ridge Mountains

Northern Flicker
Colaptes auratus

In the Blue Ridge Mountains,
over 200 birds can be found.
From the tree tops to the ground,
whether by sight or sound,
birds can be found all around.

Use this brochure to help guide your birding adventure.

Birds of the Blue Ridge Mountains
Ruby-throated Hummingbird
Archilochus colubris
tchew, given softly
Scarlet Tanager
Piranga olivacea
Querit queer query querit queer
(raspy)
Black and White Warbler
Mniotilta varia
Wee-zee, wee-zee, wee-zee
Wood Thrush
Hylocichla mustelina
E-oh-lay
(flute-like, last tone trilly)
Northern Parula
Parula americana
Fast rising Zeeeeeeeee
(buzzy)- tsyoo
Eastern Towhee
Pipilo erythrophthalmus
Drink your tea-eeeee
(last note trilled)
Downy Woodpecker
Picoides pubescens
Pik, pik, pik
Mockingbird
Mimus polyglottos
Original and
mimicked phrases
repeated tirelessly
Carolina Wren
Thryothorus ludovicianus
Chooble-dee
(varied triplet phrases)
White-breasted Nuthatch
Sitta carolinensis
Anh-anh-anh (nasally)
Eastern Phoebe
Sayornis phoebe
Fee-bee (repeated)
Blue Jay
Cyanocitta cristata
Varied raucous calls
Ovenbird
Seiurus aurocapillus
Tcher, tcher, tcher
Mourning Dove
Zenaida macroura
Woo-oo, woo-woo-woo
Designed and Illustrated by
David Williams • Wingin' It Works