Other Things Hiding for You to Seek Memorial - Constitution Gardens is a place of nature and beauty but it's also a place to remember our past and acknowledge what others have done to make this country what it is today. NPS Arrowhead - Did you know that you are in a national park? Circle of Trees - The original design for Constitution Gardens included big circles of trees for music, programs, and sports. How fast can you make it around the circle? *Hint: the circle is near the Vietnam Women's Memorial Insect - More than half of all known organisms on Earth are insects. Did you know that there are over one million different types of insects? Stump - Look around you. For every tree that

falls down or has to be removed, a new one is planted

somewhere in the park.

TRACK your hike at kidsinparks.com and get FREE prizes!



Thanks for joining us on the trail today! Visit our website to find more TRACK Trail™ adventures near you!







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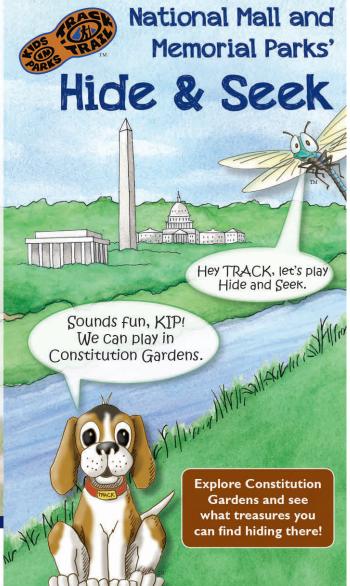
Kids in Parks Founding Partners







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History and nature can be found together here in Constitution Gardens. Follow along the trail and discover just a few of the stories this park has to tell.



To the north of the trail through the trees you can see a bronze statue of three nurses caring for a wounded soldier. This memorial honors the thousands of women who served their country during the Vietnam War. Eight yellowwood trees are planted around the memorial to recognize the eight women who died during the war. Can you count all eight trees?

American Yellowwood



The American yellowwood is a small tree native to parts of Tennessee, Kentucky, and Arkansas. It has smooth, grey bark and compound leaves (many leaflets on one stem). In late spring, yellowwood trees bloom with fragrant white and pink flowers.

Weeping Willow

Originally from China, weeping willow trees grow near water and can reach heights of 50 feet. The skinny leaves that hang down on branches look like tears falling, giving the tree its name. Stand by a weeping willow, close your eyes and listen to the tree. Describe what you hear.

Mallard Duck

Constitution Avenue

To attract a mate, the male mallard has a shiny green head and neck. The female is camouflaged to protect her nest from predators. She can raise up to a dozen chicks at one time! How many mallards do you see swimming in the pond?

Memorial to the 56 Signers of the Declaration of Independence

Constitution Gardens

In the summer of 1776, fifty-six people came together to unite our country and move towards a new beginning by signing the Declaration of Independence. Read part of the Declaration below and sign your "John Hancock".

"...We hold these truths to be self-evident, that all men are created equal, that they are endowed by their Creator with certain unalienable Rights, that among these are Life, Liberty and the pursuit of Happiness..."

Lock Keeper's House

Boats used to travel up and down a canal that followed the same path as Constitution Avenue. The Lock Keeper's House operated similar to a modern day traffic light, controlling the movement of boats along the canal. What year does the plaque on the house say it was built?

Designed and illustrated by Elise A. Kahl