



Haw River State Park Nature Trail Disc Golf Course



Hole	1	2	3	4	5	6	7	8	9	OUT	1	2	3	4	5	6	7	8	9	IN	TOTAL
LENGTH	192'	200'	170'	205'	255'	251'	212'	185'	275'	1945'	192'	200'	170'	205'	255'	251'	212'	185'	275'	1945'	3890'
PAR	3	3	3	3	3	3	3	3	3	27	3	3	3	3	3	3	3	3	3	27	54

Welcome to the Haw River State Park Nature Trail Disc Golf Course...

where the flight of your frisbee is the trail and the tee-signs and scorecards are your nature guides.

Disc Golf is a hike with a frisbee... So, as you hike around playing your round of Disc Golf, use the tee-signs and scorecards to learn about and connect with some of the natural resources found in and around Haw River State Park. Who would have thought that playing in and learning about nature could be so much fun?

Rules: Complete each hole in the fewest number of throws by starting at the tee-pad and finishing with your disc in the basket. Each consecutive shot must be taken from where your previous shot landed.

Safety: Disc golf discs can cause serious damage to people and property. You are responsible for any damages caused by your disc. Be aware of your surroundings and be patient of others. Do not stand in front of other players who are throwing, and don't throw when other players are in front of you!

Haw River State Park Nature Trail Disc Golf Course - Map



"Birdies"

Whether in good shots or in actual birds, it's always fun to see as many "birdies" as you can during a round of disc golf. While playing your round today, use the pictures on this scorecard to identify a few of the more common birds found here at Haw River State Park. Soon, identifying these birds will be as easy as making a five foot putt. Good luck and have fun!



Blue Jay

Downy Woodpecker

Mourning Dove

Ruby-Throated Hummingbird

Northern Mockingbird

Cardinal

Eastern Bluebird

American Crow

American Robin

American Goldfinch

Illustrations by David Williams, Wingin' it Works

Register your Round... Earn a Prize!

The mission of the Blue Ridge Parkway Foundation's Kids in Parks program is to get kids and their families "un-plugged", outdoors and reconnected to nature. Since disc golf is a great way to do that, we want to give you some disc golf gear to ensure you are able to enjoy future rounds. All you have to do is register your rounds at: www.kidsinparks.com.

Kids in Parks
founding partners

