TREE Love

When disc golfers hit a tree with their disc and get a favorable bounce they call it "Tree Love". Use the pictures on this scorecard to identify a few of the trees found here at Fort Hamby. Every time you hit a tree with your frisbee, take a second to try to identify it. Look at its bark, leaf shape and other identifying features. Soon, identifying trees will be as easy as making a five foot putt. Good luck and have fun!

Eastern White Pine



Tulip Poplar



American Beech



Virginia Pine



White Oak



Sourwood



American Holly



Register your Round... Earn a Prize!

The mission of the Blue Ridge Parkway Foundation's Kids in Parks program is to get kids and their families "un-plugged", outdoors and reconnected to nature. Since disc golf is a great way to do that, we want to give you some disc golf gear to ensure you are able to enjoy future rounds. All you have to do is register your rounds at: www.kidsinparks.com.











Fort Hamby Nature Trail Disc Golf Course



Hole		1	2	3	4	5	6	7	8	9	OUT	10	11	12	13	14	15	16	17	18	IN	TOTAL
Length	White	189'	240'	192'	211'	252'	216'	288'	300'	196'	2084'	246'	252'	224'	150'	127	256'	178'	276'	302'	2011'	4095'
	Blue	291'	333'	355'	356'	402'	295'	306'	389'	252'	2979'	385'	232'	262'	190'	138'	316'	270'	389'	377	2559'	5538'
Par	White	3	3	3	3	3	3	3	4	3	28	3	3	3	3	3	3	3	3	4	28	56
	Blue	3	3	4	4	4	3	3	4	3	31	4	3	3	3	3	3	3	3	4	29	60

Welcome to the Fort Hamby Nature Trail Disc Golf Course...

where the flight of your disc is the trail and the tee-signs and scorecards act as your nature guides. Disc Golf is a hike with a frisbee...so, as you hike around playing your round of disc golf today, use the educational tee-signs and scorecards to learn about and connect with some of the natural resources found in and around Fort Hamby. Have fun playing the course and recreating outdoors.

Rules: Complete each hole in the fewest number of throws by starting at the tee-pad and finishing with your disc in the basket. Each consecutive shot must be taken from where your previous shot landed. If your disc lands in the lake, parking lot, or road, you're OB (Out-of-Bounds). Penalize yourself one stroke, and throw from where your disc was last in-bounds. Have Fun!

Safety: Disc golf discs can cause serious damage to people and property. You are responsible for any damages caused by your disc. Be aware of your surroundings and be patient of others. Do not stand in front of other players who are throwing, and don't throw when other players are in front of you!

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