

TRACK your hike at

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and get FREE prizes!

BIZOS

Central Oregon

Wetlands

Over 500 different bird species live in or visit the state of Oregon.

Use this brochure to discover how

you can identify birds with clues

such as location, behavior, size,

shape and field marks.



This TRACK Trail is supported by the Central Oregon Health Council









Western Northern Flicker Colaptes auratus

"kwikwikwikwik"

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H

bird on your hike, remembering what certain parts of the bird looked like can help you identify it when you get home In addition to size, shape, location and On your birding behavior, field ma bird you don't know used to help identify birds. If you can't identify see if it has any

## What kind of bird is that... in the air? Birds that spend a lot of time in the air use their strong eyesight to When trying to identify a bird, the first things to look for are location and behavior. Is the bird up high making noise find food. These birds of prey often can be found perched, hovering or wading in the water? Next, think about size and shape. Is it big like an osprey or small like a goldfinch? Does it have or flying above the land and water as they search for their next meal. pointy wings or a long tail? Finally, you can use field marks to identify birds – flip to the side panel to discover how. Scan the sky over the wetlands and the branches of tall trees. Check off each bird you find on your hike today! Are there any large birds flying overhead? Are they flapping, in the shrubs and trees? hovering or gliding? The shrubs and trees at the wetlands provide food, perches and nest sites for many birds. These birds can be found sitting in the branches, scanning for insects or singing to attract mates. Look into the trees and shrubs. How many different What parts of the tree or shrub are the birds using? birds can you find? Osprey Pandion haliaetus Mountain Bluebird "tewp, tewp, teelee, tewp" Siala currucoides "tew" or "tink" ☐ Turkey Vulture Cathartes aura Western Meadowlark warning "hsssssss" Sturnella neglecta Dark-eyed Junco **American Kestrel** series of whistles Junco hyemalis Falco sparverius and warbles short, musical trill Yellow Warbler "kli kli kli kli kli kli" in the water? Setophaga petechia "sweet sweet sweet. Wetlands are attractive to a variety of birds, making it a great place to on the shore? I'm so sweet" find birds. Search near the edges of the water for birds like American Birds that feed along the shore usually specialize in catching fish or invertebrates such as worms and snails. coots. Look dabbling mallards and gadwalls swimming along, sifting Birds like herons, sandpipers, and killdeers walk along the shore with long legs, stirring up the mud in out vegetation and insects near the surface of the water. search of food. Look around the wetlands and lake shallows for shorebirds. How many different types of water birds How many different birds can you find? Can you tell what they are eating? can you find? Great Blue Heron Spotted Sandpiper Ardea herodias Actitis macularius squawks "fraaahnk" "weet weet" Mallard Anas platyrhynchos "quack quack" Killdeer Charadrius vociferus Gadwall **American Coot** shrill "killdeer, killdeer" Mareca strepera Fulica americana froggy "k-hep" "krrp or prik"