

Touch

Our **hands** help us use our sense of touch. We can feel things with our hands to explore texture and temperature.

Touch something...

1 Avoid touching dangers like...



2 Can you feel something...

WET



DRY



WARM



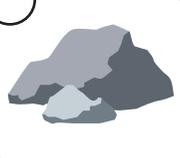
COLD



SOFT



HARD



SMOOTH



ROUGH



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SENSE of ADVENTURE



Our senses allow us to experience the world around us. This brochure will help you use your senses of sight, sound, smell, and touch to explore the outdoors. If other parts of the brochure are distracting, you can fold the brochure to focus on one sense at a time.

Sight



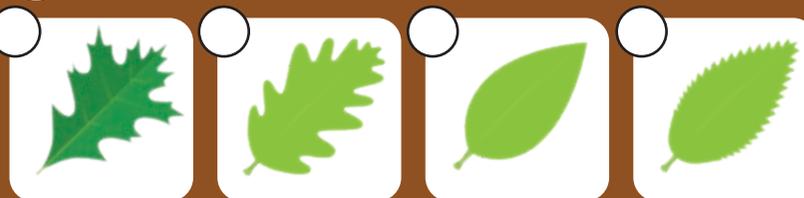
Our **eyes** give us a sense of sight. We can use our eyes to see and understand our surroundings.

Look around...

1 A **MAP** can help you know what to expect and where to go on the trail.



2 Look for leaves with...



sharp points

rounded points

smooth edges

jagged edges

3 Look for these colors...



Sound

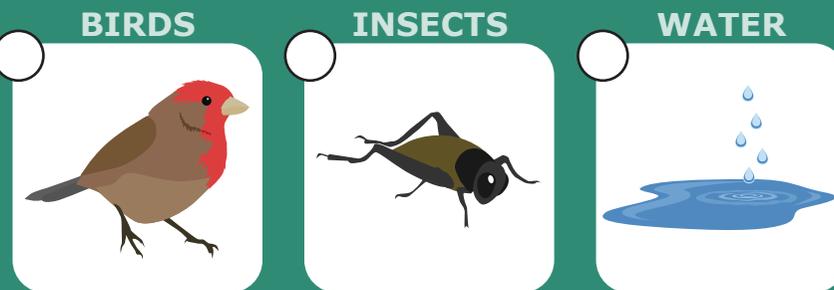


Our **ears** let us sense sounds. We can use our ears to hear things around us that go unseen.

Listen closely...

1 Find a spot to listen. You can choose a noisy or quiet place.

2 Listen for...



Smell



Our **nose** gives us a sense of smell. We can use our nose to detect smells of things in the world around us.

Sniff the air...

1 Can you smell something...



2 Do you like the smell of the air?

YES NO

3 What do you like or dislike about the smell of the air?

Blank text box for writing an answer.