

Field Marks

- tail bars**
Are there any stripes across the bird's tail?
- tail markings**
Is the tail tip a different color, such as white?
- wing bars**
Does the bird have bars or patches of color on the wing?
- ☐ **Northern Flicker**
Colaptes auratus
rising, rhythmic "kwik-kwik-kwik"
- side**
What color are the bird's sides?
- nape**
Is the back of the neck another color?
- belly**
What color is the bird's belly?
- breast**
Are there any spots or coloration on the chest?
- throat**
Is the bird's throat a different color?
- beak or bill**
What shape and color is the beak?
- eye features**
What colors are around the eye?
- crown**
Does the bird have a crest or different color on top of the head?

TRACK your hike at kidsinparks.com and get **FREE** prizes!

Thanks for joining us today!

Visit our website to find more TRACK Trail™ adventures near you!

Follow us!

- @KidsInParks
- @KidsInParks
- @KidsInParksBRPF

Birds of Los Penasquitos Canyon Preserve

- Spotted Towhee**
Pipilo maculatus
a dry, fast "drink-your-tea" song with a high trill at the end

Whether perching in the trees, wading through the water, flying overhead, or singing from the shrubs, many types of birds specialize for life in this ecosystem.

Use this brochure to see how many birds you can find on your hike today.

What kind of bird is that?

When identifying birds, start by observing their location and behavior. Is the bird up high, making noise? Or is it on the ground, digging in leaves?

Next, observe its appearance. Is it big like a crow, or small like a sparrow? Does it have pointy wings, or a long tail? What color is it? And what sort of markings does it have?

These things can help you identify the birds you see!

✓ Check off the birds you find on your hike today!

- Anna's Hummingbird
Calypte anna
a series of buzzes, whistles,
and chip sounds



- Sharp-shinned Hawk
Accipiter striatus
kik-kik-kik-kik



- Mourning Dove
Zenaida macroura
loud whistles or a mournful
"coo-ooo oo oo oo"



- Northern Mockingbird
Mimus polyglottos
various notes of "krrDEE krrDEE"
(or jeurrdi) or mimic other calls



- Red-shouldered Hawk
Buteo lineatus
loud "kee-aah," often repeated



- American Kestrel
Falco sparverius
"klee klee klee"



- Dark-eyed Junco
Junco hyemalis
series of rhythmic whistles,
trills, and warbles



- Western Bluebird
Sialia mexicana
wavering "kew"



- Greater Roadrunner
Geococcyx californianus
"coo-coo-coo-coo-cooooo"



- California Scrub Jay
Aphelocoma californica
raspy, metallic chirps or shrieks



- California Quail
Callipepla californica
shrill squeals or a varying "Chi-ca
-go" call



- Black Phoebe
Sayornis nigricans
Repeated "tee-hee, tee-hoo"



- Yellow-rumped Warbler
Setophaga coronata
a slow, sweet warble, rising and
falling slightly in pitch

