## Sand Hill Nature Trail Disc Golf Course



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Hole		1	2	3	4	5	6	7	8	9	F	10	11	12	13	14	15	16	17	18	В	TOTAL
Length	Red	180'	152'	188'	199'	160'	—	133'	146'	286'		251'	180'	139'	_		_	_	210'	168'		
	White	270'	229'	236'	320'	239'	220'	238'	220'	307'		147'	255'	240'	200'	241'	227	180'	210'	302'		
	Blue	_	_	308'	_	<u> </u>	_	<u> </u>	_	_		_	_	_		_	_	_	270'	_		

## Welcome to the Sand Hill Nature Trail Disc Golf Course

...where the flight of your disc is the trail and the tee-signs and scorecards are your nature guides.

Disc golf is essentially a "hike with a frisbee." As you hike around Sand Hill playing your round of disc golf, use the tee-signs and scorecards to learn about and connect with some of the natural resources found around the park.

Rules: Complete each hole in the fewest number of throws by starting at the tee-pad and finishing with your disc in the basket. Each consecutive shot must be taken from where your previous shot landed.

Out-of-Bounds (OB) areas are listed on each tee-sign. If your disc lands in an OB area, penalize yourself one stroke and throw from where your disc was last in-bounds. Have Fun!

Safety: Disc golf discs can cause serious damage to people and property. You are responsible for any damages caused by your disc. Be aware of your surroundings and be patient of others. Do not stand in front of other players who are throwing, and do not throw when people are in front of you.

