



Animal Athletes

Wild animals are some of the world's greatest athletes and perform amazing physical feats. Are you ready to train on the wild side?



Lizard Push-ups

Male fence lizards do push-ups to show off their blue bellies.

How many push-ups can you do?



Hummingbird Hand Swings

Hummingbirds flap their wings over 50 times per second.

How many times can you flap your arms in 30 seconds?

Cottontail Dash

When being chased, rabbits sprint in a zigzag pattern until they find cover.

Sprint in a zigzag until you find something to hide behind!

