

Help connect kids and families to the outdoors for their health and the health of our parks and public lands

About KIP

Kids in Parks (KIP) partners with land management agencies across the country to convert their existing trails—including hiking, biking, paddling, fishing, and disc golf—into kid friendly trails through the installation of interactive self-guided materials that get families unplugged, active outdoors, and reconnected to nature.

Recent studies show that, on average, kids spend 7.65 hours per day "plugged-in" to electronic devices and only 7 minutes per day participating in unstructured outdoor play. These trends have led to declining visitation rates to parks and public lands and to a myriad of health-related issues for children including childhood obesity, diabetes, and depression.

To help link spending time in nature with improved health, KIP works with doctors' offices and hospital systems to prescribe outdoor recreation and the network of TRACK Trails to patients through the TRACK Rx program.



- 250+ TRACK Trails in 17 states and Washington, D.C.
- More than 250 TRACK Trail partners
- Over 600 healthcare providers writing prescriptions for time in nature on TRACK Trails

Impact and Reach

- Kids have completed more than 1-million adventures, spent 500,000 hours outdoors, and burned 150-million calories on TRACK Trails
- 11% of registrants had never been hiked before
- 63% were first-time visitors to the park
- 48% visited the park because of the TRACK Trail
- 88% of repeat visitors have visited more than one TRACK Trail site



Major Program Support From













PRICE SHEET

Become a part of the TRACK Trail Network

By joining the TRACK Trail network, your site will provide added value to your visitors. The activity brochures available at the trailhead ensure they will have an enriching experience. The prize system will keep them coming back. The network will bring new visitors who discover you on their Trail TRACKer journey. Most important, you will be a part of the movement to improve the health of kids and public lands.





includes Base Package plus

plus+ [®]

premium brochures

+ e-Adventures on select brochures

Our entire catalog with customizable options.

We'll come to your site for a visit and/or grand opening.

travel

trail blazes

Get 10 trail blazes to mark your new TRACK Trail.

Build a network in your area! Bulk pricing available (3 base packages for \$18,000)

PRICE SHEET

Add-ons

Enhance your TRACK Trail with custom, site-specific materials that help your visitors develop meaningful connections with the natural, cultural, and/or historical resources at your site.

Custom Brochure starting at **\$2000***



Design of site-specific activity brochure that visitors can use on your TRACK Trail. Includes printing of 2,000 copies. *Price subject to design.

TRACK Trail Mini **\$2500**



Want to expand your local network at a bargain price? Includes a small trailhead sign, 2,000 copies of a "standard" brochure, and e-Adventures.

CRASH Course (Science) \$1500



Choose between 8 science topics to fit the resources at your site. The sign and videos guide kids through scientific observation and data collection activities.

CATCH Trail (Fishing) \$2500



Includes a small trailhead sign and 2,000 copies of a fishing brochure (your choice of 3 fish species). Kids can earn a series of fishing prizes for registering.

Free Program Support

We want to help your trail be as successful as possible. These are some of the free resources available to you!

Monthly TRACK-tivities



Promotional Regional Poster



Marketing Support



JOIN THE MOVEMENT

Funding

We strive to make our program as cost-effective as possible but understand that budgets can be tight. We are available to help apply for grants or provide data for your grant applications.

Awards and Endorsements



- Endorsed by the American Academy of Pediatrics
- Received the Let's Move! Champion of Change Award from the White House
- Reviewed favorably as a practice-tested intervention by the Center for Training and Research Translation (a program funded by the Centers for Disease Control and Prevention)
- Awarded the Outstanding Public Engagement Award from the **Public Lands Alliance**
- Featured in the National Prevention, Health Promotion, and Public Health Council's Annual Strategy Report released by the US Surgeon General
- Highlighted as one of six example programs in the National Park Service's Healthy Parks Healthy People report
- Winner of the Center for Jackson Hole's SHIFT Awards in the category of Youth Engagement

Visit kidsinparks.com/become-partner today.

Contact Us For More

Kids in Parks 322 Gashes Creek Rd Asheville, NC 28803 kidsinparks.com



Director - Kids in Parks jurroz@kidsinparks.com 866.308.2773 x 384 Adam Roades Associate Director aroades@kidsinparks.com 866.308.2773 x 410

Kids in Parks is a program of the Blue Ridge Parkway Foundation, a 501(c)(3) organization. Partnerships are approved based on governmental regulations and alignment with the Kids in Parks mission.